





Stay at home

- In case of mild complaints
- Tested positive for COVID-19
- If one or more housemates have tested positive for COVID-19, work from home
- Report sick according to the company rules
- Have yourself tested



Wash your hands

- On arrival
- When you get home
- When changing workplace
- Before and after getting coffee
- After nose blowing, coughing or sneezing
- Before eating
- After accidental contacts with colleagues
- Before you go outside
- After you have used the toilet

- Wash hands with soap
- Wash hands 20 sec.
- Wash visibly dirty hands with soap
- Also see the 'Hand washing instructions' poster



Maintain 1.5 metres distance

- At your workplace
- In work traffic

• Follow the directions on the work floor



Disinfect your workplace and equipment

- Before starting work
- With every changeover
- Before lunch
- When you go home
- Use offered disinfectants



Cough and sneeze thoughtfully

- In your elbow
- Use tissues
- Discard them after use

## TALK TO EACH OTHER ABOUT UNSAFE BEHAVIOUR

Thank your colleague when it is pointed out





